

Ballroom and Latin Dance Lessons on Long Island New York

Welcome to Starlight!

The home of quality dance instruction on Long Island

Specializing in all forms of partner dance as well as specialty dance and fitness classes. Whether you have always wanted to take Ballroom or Latin dance lessons, or are getting ready for that special day. We have something for everyone, from Mommy & Me classes, to Sweet 15/16's / Quinceneras and Wedding Dances. Come visit us and see why over 3,000 students have come to call Starlight their home for dance lessons on Long Island over the past 17 years.

Learn to dance all styles of Ballroom and Latin Dance, Salsa, Cha Cha, Rumba, Samba, Mambo, Bolero, Swing, Jive, Paso Doble, Foxt-Trot, Waltz, Tango, Viennese Waltz, Argentine Tango, Peabody, Quickstep and much more. We also offer specialty classes in Belly Dancing, Zumba Dance Fitness, Cuban Salsa.

Conveniently located on the border of Nassau and Queens in Long Island, the Starlight Ballroom Dance Studio continues to offer you the best dance instruction from the finest instructors on Long Island since 1991.

IT'S ALL HERE ON LONG ISLAND! Great Classes, Great People, Great Staff...

- Dance lessons for all levels, all styles, all ages
- 16 Drop-in group dance classes each week
- Small class sizes

- Private Lessons

- Group Classes
- Practice Dance Parties
- No Partner Necessary

New to Ballroom and Latin Dance? Want to get more information on Dance Lessons? Get started Here!

More on the Starlight Ballroom Dance Studio, Long Island New York